## **2021 PREVENTION SUMMER PROGRAM**

Helping Students Develop Their Potentials through Prevention.



## 2021 Theme: BUILDING RESILIENCE

## 2021 OUTDOOR STEAM PROGRAM

Using STEAM/ STEM to Empower Students and Develop Coping Strategies.

- 1. The pandemic has increased loneliness, sadness, anxiety and many more stressors.
- 2. The summer program provides daily onsite professional counseling to ALL students.
- 3. Our summer program will help students learn about prevention topics such as
  - 1. Self-Love/Self-Confidence
  - 2. Coping with Emotions (Internalizing & Externalizing Emotions)
  - 3. Self-Care for Traumatic Events
  - 4. Learning how to set Healthy Boundaries
  - 5. Adaptation and Adjustment to Stressful Events

## SPACE IS LIMITED Strick COVID Protocol.

How to register: www.holisticelevation.org



**Location:** 506 Church Street

Wilmington, DE 19801

**Time:** 9:00 a.m. - 2:00 p.m. **Date:** June 21-25, 2021

**Age:** 6yrs – 12yrs

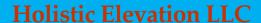
Cost: Free/Battered- Parents/Guardians to provide towards camp supplies.











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